

Emotional Guidance Scale

1. Joy, Knowledge, Empowerment, Freedom, Love, Appreciation
 2. Passion, Positive Determination
 3. Enthusiasm, Eagerness, Happiness
 4. Positive Expectation, Belief, Confident
 5. Optimism
 6. Hopefulness
 7. Contentment
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8. Boredom
 9. Pessimism
 10. Frustration, Irritation, Impatience
 11. Overwhelmed
 12. Disappointed
 13. Doubt
 14. Worry
 15. Blame
 16. Discouragement
 17. Anger
 18. Revenge
 19. Hatred, Rage
 20. Jealousy
 21. Insecurity, Guilt, Unworthiness
 22. Fear, Grief, Depression, Despair, Powerless