

CHARACTERISTICS of NEGATIVE FEELINGS

Definition of Negative: /neg ə tiv/

Noun:

1. Expressing or containing negation.
2. Lacking positive attributes.
3. Lacking in constructiveness, helpfulness, optimism, cooperativeness or the like.
4. Negative quality or characteristic.

Definition of Feeling: / 'fi lin /

Noun:

1. Physical sensation not connected with sight, hearing, taste, or smell.
2. An emotion; emotional perception or attitude.

12 CHARACTERISTICS OF NEGATIVE FEELINGS YOU MUST BE AWARE!

1. Negative Feelings Feel Bad.
2. Negative Feelings Activate Negative Thoughts.
3. Negative Feelings Stick With You Forever Unless You Do Something About It.
4. Negative Feelings Have a Pulling & Tearing Down Effect.
5. Negative Feelings Have Blocking Power to Your Positive Goals, Hopes & Dreams.
6. Negative Feelings Activate Other Negative Feelings (self; others).
7. Negative Feelings Buried Alive Takes a Negative Life of its Own.
8. Negative Feelings Buried Silently Control Your Actions Steps Away From Success.
9. Negative Feelings Develop in The Dark Room of Your Mind Where Other Negative Feelings Have Been Buried.
10. Negative Feelings Make Emotional Sense.
11. Negative Feelings Affect Your Positive Thought Process.
12. 1 Good Element of Negative Feelings – It Should Create a Burning Desire to Correct Negative Feelings.